

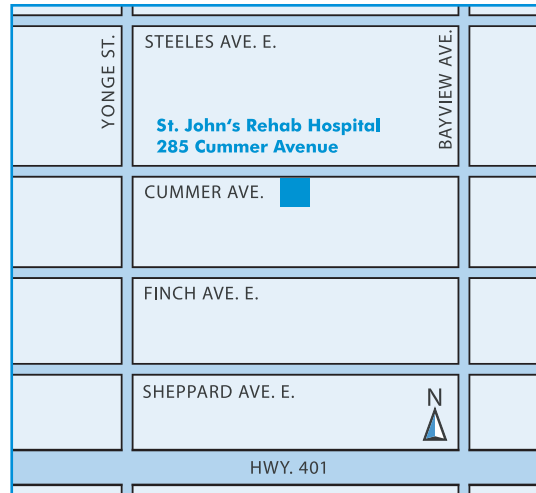
The **Back on Track** program provides proven treatment interventions to address pain and dysfunction following motor vehicle collisions and workplace injuries.

OUR PROFESSIONAL STAFF INCLUDE:

- Physiotherapists
- Occupational Therapists
- Physicians (including Physiatrists)
- Nurses
- Social Workers
- Psychologists
- Massage Therapists
- Chiropractors
- Chiropodists
- Acupuncturists
- Speech Language Pathologists

Back on Track's full range of exercise equipment, treatment methods and computerized assessment and treatment tools are complemented by:

- Normative-Based and Method-Time Measurement (MTM) standardized evaluation equipment
- On-site wood shop
- Activities of daily living suite
- Computerized training modules for hand dominance transfer



Back on Track Rehabilitation Program

Clinic operates Monday to Friday
 For information, call: 416-226-6780 ext. 7019
 Located on the Ground Floor, Agnew Wing (west entrance)



A community affiliated teaching site of the University of Toronto



Recognized by the Ontario Hospital Association as a high-performing rehabilitation hospital.



285 Cummer Avenue
 Toronto, ON
 (Yonge St. & Finch Ave. area)
 416-226-6780 ext. 7019
 www.stjohnsrehab.com

A THIRD-PARTY PAYER PROGRAM

BACK ON TRACK

Specializing in Traumatic Motor Vehicle and Work-related Accident Recovery



www.stjohnsrehab.com

WHAT IS BACK ON TRACK?

The **Back on Track** program at St. John's Rehab Hospital is an outpatient assessment and treatment program designed for clients of third-party insurers such as the Workplace Safety and Insurance Board and auto insurance companies. We also offer services to clients from the community.

WHO USES THIS PROGRAM?

The program is for clients who have sustained traumatic amputations, burns, electrical injuries, as well as complex orthopaedic injuries including multiple fractures, crush injuries, neuropathies, and mild to moderate closed head injury.

WHAT IS SPECIAL ABOUT BACK ON TRACK?

This is a highly-specialized, evidence-based rehabilitation program that focuses on helping clients return to productive, active lives in the community and at work. Operating within one of Canada's leading rehabilitation hospitals, we provide access to a continuum of treatment for clients transferring from inpatient care to outpatient care. We also offer access to a hydrotherapy pool and to therapies such as acupuncture, chiropody, chiropractic, massage therapy and aquatic massage.

SERVICES INCLUDE:

- Interdisciplinary assessment and treatment
- Work conditioning/functional restoration programs
- Electrical injury, burn, amputee, physiatry and prosthetic clinics
- Physical demands analysis
- Functional capacity evaluation
- In-home assessments
- Personal care attendant assessments
- Public transportation/community assessment
- Return-to-work coordination
- Independent medical examinations
- Recovery garment clinic (e.g., pressure garments for burns and amputees)

FREQUENTLY ASKED QUESTIONS...

Are you familiar with auto insurance industry forms?

Yes. Our multi-disciplinary team is proficient with all industry required forms for auto insurance-based claims, including OCF 22s and 18s, as well as WSIB industry forms such as the Health Practitioner Report.

Who covers your fees?

Back on Track is a fee-for-service, open program that is not publicly funded. Our services are normally covered by auto insurance or WSIB benefits, if they are deemed necessary and appropriate. **Back on Track** can also be accessed through extended health insurance plans. Community clients accessing our services pay for these directly.

Who can participate in Back on Track?

Anyone who sustains an injury in the workplace or in a motor vehicle collision – including a mild to moderate acquired brain injury – can use **Back on Track**. Clients from the community also access our services.

How do I submit a referral?

You can be referred directly by a physician or other health care provider. Depending on your clinical needs, wellness services may be recommended and are available on site. Costs vary depending on your needs and treatment. Please check with your insurance provider for coverage details.

