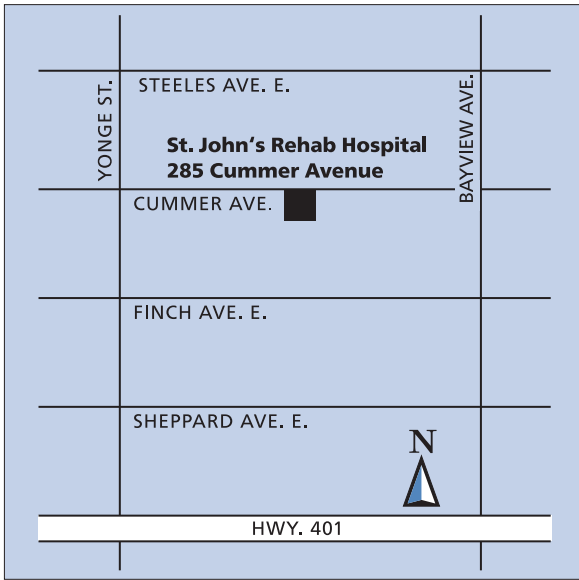


ACUPUNCTURE



Acupuncture Clinic Hours

The clinic is open daily Monday through Friday.

To book an appointment, please call the clinic at (416) 226-6780 ext. 7019 or 7281.

Located on the Ground Floor, Scadding Wing.
Parking in West Lot, Beatty Wing Entrance.



A TEACHING SITE OF
THE UNIVERSITY OF TORONTO



ACCREDITED BY THE CANADIAN COUNCIL
ON HEALTH SERVICES ACCREDITATION



285 Cummer Avenue
Toronto ON M2M 2G1
(416) 226-6780
www.stjohnsrehab.com



The Acupuncture Clinic at St. John's Rehab is the first clinic of its kind in North Toronto and York Region to operate in a fully accredited hospital. Affiliated with the Canadian Centre for Acupuncture (CCA), a leading provider of traditional Chinese medicine in Canada, our clinic provides highly trained and experienced acupuncturists.

WHAT IS ACUPUNCTURE?

Acupuncture is one of the therapeutic modalities of traditional Chinese medicine. It uses fine needles inserted into specific points of the body to stimulate a patient's self-healing system. Acupuncture can also help a patient manage the symptoms of a condition in conjunction with conventional medical treatment.

WHY WOULD I NEED ACUPUNCTURE?

Acupuncture can help resolve a medical condition as well as treat its symptoms, and has proven to be an effective treatment option for people who experience:

- Pain
- Stress
- Sleep disorders
- Menstrual problems
- Chronic fatigue
- Addiction
- Depression
- Allergies
- Skin disorders
- Stroke
- Accident and injury

WHAT CAN ACUPUNCTURE DO FOR ME?

Acupuncture has been used successfully to treat a great number of conditions that do not readily respond to treatments available in Western medicine. One of the reasons for its popularity as a course of treatment is the absence of serious side effects that may result from the use of prescription drugs.

HOW DOES ACUPUNCTURE WORK?

Your body is a network of interacting energies that require even distribution to maintain health. Interruption, depletion or stagnation of the energy pathways can cause pain and illness. Acupuncture works to restore this flow of energy. By needling the acupuncture points, the nervous system is stimulated into releasing chemicals in the muscles, spinal cord and brain. These chemicals can reduce the pain and influence your body's internal regulating system.

HOW MUCH DOES IT COST?

OHIP does not cover the cost of acupuncture treatment, so charges will apply for an initial assessment and subsequent treatment sessions. Extended health care plans may cover these costs. Please call for information about our current fees.