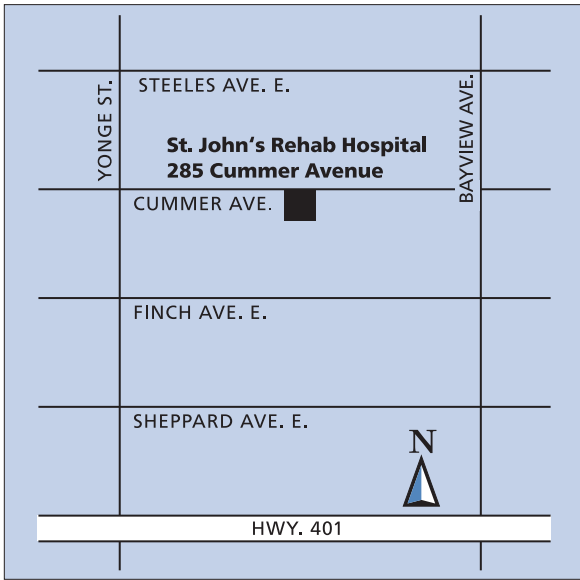


# CHIROPODY



### Chiropody Clinic Hours

The clinic is open daily Monday through Friday.

*To contact the clinic directly,  
please call (416) 226-6780 ext. 7213.*

*To schedule an appointment, call ext. 7019.*

Located on the Ground Floor, Agnew Wing.



A TEACHING SITE OF  
THE UNIVERSITY OF TORONTO



ACCREDITED BY THE CANADIAN COUNCIL  
ON HEALTH SERVICES ACCREDITATION



285 Cummer Avenue  
Toronto ON M2M 2G1  
(416) 226-6780  
[www.stjohnsrehab.com](http://www.stjohnsrehab.com)



**The Chiropody Clinic at St. John's Rehab provides professional foot care to meet your foot health needs. Our clinic serves hospital inpatients, outpatients and members of the community.**

## WHAT IS CHIROPODY?

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As a regulated primary health care profession, chiropody involves treatment and prevention of diseases, disorders or dysfunctions of the foot by therapeutic, orthotic or palliative means.

Chiropodists are trained exclusively to assess and treat foot problems. They are often called upon by physicians and other health care professionals for consultation and treatment of these common foot problems:

- Prescription orthotics
- Ingrown toenails (conservative or surgical)
- Thickened/distorted nails
- Fungal nail or skin infections
- Painful corns or calluses
- Plantar warts or lesions
- Cracked/fissured heels
- Diabetic or arthritic foot care
- Localized heel or arch pain
- Custom footwear

## WHAT CAN A CHIROPODIST DO FOR ME?

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The foot is a complex structure of bones, muscle, tendons and ligaments. All of these structures work in harmony, allowing us to take each step comfortably and efficiently. When any of these components fail to function properly –

whether due to trauma, genetics or disease – pain can occur.

Feet are the foundation for the rest of the body – foot pain can change the way we walk, which could cause pain in other joints including knees, hips and the lower back. If you are concerned about your feet, consult our chiropodist to find out about treatment options. A referral from a medical doctor is **not** required to be seen by our chiropodist.

## DIABETIC FOOT CARE

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If you have been diagnosed with diabetes, chiropody can offer an important element of care. The long-term effects of diabetes – such as impaired sensation, impaired vision and decreased circulation – place patients at a higher risk for serious foot infections and potential limb loss.

Our chiropodist provides individual assessment to establish the circulatory and neurological status of your feet, as well as personalized advice about caring for your feet. Understanding the necessary precautions for diabetic foot care today can be the key to warding off serious foot problems in the future.

## HOW MUCH DOES IT COST?

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Chiropody services are not covered by OHIP. However, orthotics and chiropody treatments may be covered by many extended health care plans. Clients of the Workplace Safety Insurance Board, auto insurance and the Department of Veteran Affairs may also qualify for chiropody services. Please call us for information about our fees.