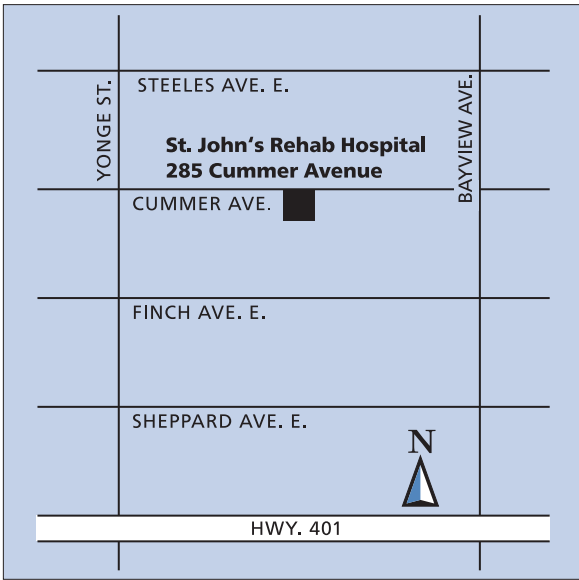


CHIROPRACTIC



Chiropractic Clinic Hours

Mondays 1:30 p.m. to 7:30 p.m.,
Wednesdays 12:30 p.m. to 6:30 p.m.,
Fridays 9:00 a.m. to 2:00 p.m.

To book an appointment, please call (416) 224-6942.
Located on the Ground Floor, Scadding Wing.
Parking in West Lot, Beatty Wing Entrance.



CHIROPRACTIC CLINIC OPERATES IN PARTNERSHIP WITH
THE CANADIAN MEMORIAL CHIROPRACTIC COLLEGE.



A TEACHING SITE
OF THE UNIVERSITY
OF TORONTO



ACCREDITED BY THE CANADIAN
COUNCIL ON HEALTH SERVICES
ACCREDITATION



285 Cummer Avenue
Toronto ON M2M 2G1
(416) 226-6780
www.stjohnsrehab.com



The Chiropractic Clinic at St. John's Rehab is the first outpatient chiropractic service in North Toronto and York Region to be offered by a fully accredited hospital. The hospital runs the clinic in partnership with the Canadian Memorial Chiropractic College, a world leader in chiropractic education and research. The clinic offers its services to patients, staff and members of the community.

WHAT IS CHIROPRACTIC?

Chiropractic is one of the largest primary contact health care professions in Canada with almost 7,000 practicing chiropractors treating approximately four-and-a-half-million Canadians annually with drug free, non-invasive, hands-on care. Chiropractors assess disorders related to the spine, nervous system, and joints of the extremities and provide a diagnosis and treatment of these disorders.

WHAT DOES A CHIROPRACTOR DO?

The primary goal of chiropractic manipulation, also referred to as adjustment, is to treat areas of decreased movement in the joints which can create a response in surrounding tissues (ligaments, muscles and nerves) resulting in pain, dysfunction and muscular spasm. Manipulation/adjustment is a highly controlled procedure, which rarely causes discomfort. A chiropractor adapts the procedure to meet the specific needs of each patient.

Chiropractors use their hands to administer most treatments, but may also employ other methods such as heat, ice, laser therapy, ultrasound and electrotherapy.

WHY WOULD I NEED TO VISIT A CHIROPRACTOR?

Doctors of Chiropractic treat a wide variety of conditions affecting the muscle and skeletal systems in the body. Chiropractic is a proven, effective and safe form of treatment for back pain, neck pain, headaches, and decreased range of motion. Many of these conditions, commonly treated with pain medications, can also be treated effectively with chiropractic therapy and exercise.

WHAT CAN CHIROPRACTIC DO FOR ME?

People of all ages can benefit from chiropractic treatment. Chiropractors also provide valuable information about maintaining optimum health and a healthy spine, and provide tips to help people reduce the risk of work and sport-related injuries. No referral from a medical doctor is required.

HOW MUCH DOES IT COST?

OHIP does not cover the cost of chiropractic treatment, so charges will apply for an initial assessment and subsequent treatment sessions. Extended health care plans may cover these costs. Please call for information about our fees.